

# Top causes of injuries and ill health in food and beverage production

Half of all work-related ill health cases and 55% of work days lost during 2019-20 were caused by stress, depression and anxiety.\* Guidance is available on ensuring good mental wellbeing as part of your company culture via **ISO 45001** and **ISO 45003**.

\*HSE work-related stress, anxiety or depression statistics in Great Britain, 2020

Working in the food production sector can be dangerous. There are many occupational hazards in the average manufacturing facility. The most common hazards in food and beverage production reported to cause ill-health and poor wellbeing are showcased below.

## OHS management

A well applied occupational health, safety and wellbeing management system, such as **ISO 45001**, offers:

- Improved food safety and overall quality
- Reduced injuries and ill-health, improving health and wellbeing
- Improved staff engagement, morale and retention
- Reduced operational costs
- Improved legal compliance
- Improved supply chain management
- Reduced production downtime and improved productivity
- Strengthened brand and reputation
- Enhanced organizational resilience

